

“Spiritual Life Self Examination”

Selected Scripture

January 2 – 8, 2011

THE LORD’S DAY & MONDAY – We have one more week to go in our mini series dealing with our *Spiritual Health Checkup* so before returning to Mark for our Daily Bible Studies we again take this week to look at some things that help us evaluate our spiritual growth and health. The material we will use was first given to us by FBCS’s former pastor, Paul O’Conner We have looked at this material before in Wednesday Bible Studies and Sunday School but it is worth coming to again in light of our current teaching series. I have broken up the “Examination” to do a bit each day. May God The Holy Spirit use His Word to convict, teach, and change you.

The Word of God –

Psalms 1: 2 *But his delight is in the law of the LORD, And in His law he meditates day and night.*

- I read the word of God through His Bible every day _____ 15 pts
- I read the word of God through His Bible most days _____ 10 pts
- I read the word of God through His Bible some days _____ 5 pts
- I never read the word of God and have a hard time finding it for church _____ 0 pts

Prayer Life –

Psalms 62: 8 *Trust in Him at all times, O people; Pour out your heart before Him; God is a refuge for us.*

- I spend quality time in daily prayer with God _____ 15 pts
- I spend time on most days in prayer with God _____ 10 pts
- I spend little time on some days in prayer with God _____ 5 pts
- I only pray at meals and when I need help _____ 0 pts

(Meditate)What is God teaching me from His Word today? (Apply)How can I put it into practice?

Suggestion for Prayer: *Father, help me to love and feast on Your Word as I read, meditate, and obey it and give me desire, strength, and discipline to pray and commune with You as I ought.*

TUESDAY –

Sharing my faith, having a burden for the lost –

Matthew 28: 19 – 20 *“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.”*

- I have a serious concern for the lost and share my faith on every occasion _____ 15 pts
- I have some concern for the lost and share my faith when I can _____ 10 pts
- I have a concern for the lost but rarely share my faith _____ 5 pts
- I have little concern for the lost and never share my faith _____ 0 pts

Sin –

Ecclesiastes 7: 20 *Indeed, there is not a righteous man on earth who continually does good and who never sins.*

- I hate sin more and more in my life and sin less now than a year ago _____ 15 pts
- I dislike sin and have had some progress in sinning less _____ 10 pts
- I don't want to sin but I don't seem to have the power to overcome it _____ 5 pts
- What's sin _____ 0 pts

(Meditate)What is God teaching me from His Word today? (Apply)How can I put it into practice?

Suggestion for Prayer: Father, give me a burden for those lost and apart from You. Help me be courageous and loving in sharing the truth with them. Give me sensitivity to my own sin and forsake it and repent of it.

WEDNESDAY-

Fellowship –

Psalms34:3 O magnify the LORD with me, And let us exalt His name together.

- My closes acquaintances' are believers and we share God's Word together _____ 15 pts
and meet regularly together at church and outside the church.
- Some of my acquaintances' are believers and we share God's Word sometimes _____ 10 pts
- Few of my acquaintances' are believers and we only talk about special dinner's _____ 5 pts
or events at church.
- I don't hang around anyone from church and don't talk about God with them _____ 0 pts

(Meditate)What is God teaching me from His Word today? (Apply)How can I put it into practice?

Suggestion for Prayer: Father, help me to love and feast on Your Word as I read, meditate, and obey it and give me desire, strength, and discipline to pray and commune with You as I ought.

THURSDAY-

Serving in Church –

Ephesians 4: 11 – 12 And He gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers, for the equipping of the saints for the work of service, to the building up of the body of Christ;

- I serve in the church with the gifts God has given me all the time and without _____ 15 pts
being asked
- I serve in the church sometimes but only when a church event takes place _____ 10 pts
- I rarely serve in the church and I only serve when I am asked _____ 5 pts
- My idea of serving is getting out of bed and making it to church on time _____ 0 pts

(Meditate)What is God teaching me from His Word today? (Apply)How can I put it into practice?

Suggestion for Prayer: Father, help me to be a servant of the Church which is Your body Jesus.

FRIDAY & SATURDAY –

Giving/Offering –

2 Corinthians 9: 7 Each one must do just as he has purposed in his heart, not grudgingly or under compulsion, for God loves a cheerful giver.

- I give weekly; it's planned, its from the first fruits and it's done sacrificially _____ 15 pts
- I give weekly; it's planned, its generous but not sacrificial _____ 10 pts
- I give when I can and from what I have left _____ 5 pts
- I thought I was suppose to get something out of church, not give _____ 0 pts

Bonus – Add 5 pts for every “yes” answer but take away 5 pts for ever “no” answer

When I hear the word of God, I see changes in my life yes no

I seek God's Word when there are difficulties in my life yes no

I look forward to Christ return yes no

I would not be ashamed if Christ returned right now yes no

I am currently seeking God and He continues to change my life yes no

I pray that one month from now God will enable me to raise this score! yes no

Total Score _____

Scoring

100 – 135 Excellent (But always room for improvement) **Revelation 3: 7 – 13**

90 – 99 Very Good (Right on track) **Revelation 2: 1 – 7**

80 – 89 OK but (your alive but need to take your Christian walk more seriously) **Hebrews 12: 7 – 11**

65 – 79 Not good! (get the respirator, I'm going down) **Revelation 3: 14 – 19**

64 or below I think this is death (call the funeral director) **John 3: 3**

This self examination and especially the scoring by no means proves or disproves salvation. The purpose is to admonish us concerning where we stand with God according to His word and how short we still fall!

(Meditate)What is God teaching me from His Word today? (Apply)How can I put it into practice?

Suggestion for Prayer: Father, help me to be a cheerful and sacrificial giver. Give me power to grow in the grace and knowledge of my Savior Jesus Christ.